



### PROTECT YOUR BENEFITS: SAY NO TO FRAUD!

Medical aid fraud is one of the largest and growing problems that we are facing in South Africa. It contributes to the overall high cost of healthcare and occurs at all levels.

[FIND OUT MORE](#)



### THE IMPORTANCE OF PREVENTIVE HEALTHCARE

As part of Engen Medical Benefit Fund's commitment to promoting overall wellbeing, we want to highlight the importance of preventive healthcare.

[FIND OUT MORE](#)



### WHAT IS CARDIOVASCULAR DISEASE?

Cardiovascular disease (CVD) is a leading cause of death globally. Individuals at risk of CVD may have raised blood pressure, raised glucose levels, high cholesterol or be overweight or obese.

[FIND OUT MORE](#)



### UNDERSTANDING THE CHANGES TO CHRONIC MEDICINE FUNDING

**New funding structure from 1 July 2025:**  
Managing chronic conditions effectively requires a well-structured healthcare funding system.

[FIND OUT MORE](#)