

Request for additional cover for out-of-hospital Prescribed Minimum Benefit conditions 2026

Who we are

Engen Medical Benefit Fund (referred to as 'the Fund'), registration number 1572, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd, registration number 1997/013480/07, (referred to as 'the Administrator') is a separate company, an authorised financial services provider and is responsible for the administration of your membership on behalf of the Fund.

About this form

This form should be completed when a member requires out-of-hospital treatment that falls outside of the basic level of care provided for in the Prescribed Minimum Benefits.

Please only complete this form if we have already reviewed a request for funding for your condition as a Prescribed Minimum Benefit.

Otherwise please refer to the Application for out-of-hospital management of a Prescribed Minimum Benefit condition form.

How to complete this form

1. Please use one letter per block, complete in black ink and print clearly. Alternatively, complete it digitally.
2. You (the member) must complete sections 1 and 2 of this form.
3. Your healthcare professional must complete sections 3 to 4 and please include detailed documents supporting your application.
4. Please email this completed and signed form with any detailed supporting documents to **PMB_APP_FORMS@engenmed.co.za**.
5. Once we have processed your application, you will receive a letter informing you of our decision and the process you should follow.
6. You may call us if you would like to lodge a formal dispute in response to a declined decision.

Please ensure that all the relevant information required, as set out in the form is completed, including contact details for the provider and date of request.

1. Patient details (main member to complete if patient is a minor)

Title	<input type="text"/>	Initials	<input type="text"/>
First name(s)	<input type="text"/>		
Surname	<input type="text"/>		
Membership number	<input type="text"/>		
ID or passport number	<input type="text"/>		
Cellphone	<input type="text"/>	Telephone	<input type="text"/>
Email	<input type="text"/>		

2. Notes to members

I give permission for my healthcare provider to provide the Fund and the Administrator with my diagnosis and other relevant clinical information required to review my application. I agree to my information being used to develop registries. (This means that you give permission for us to collect and record information about your condition and treatment. This data will be analysed, evaluated and used to measure clinical outcomes and make informed funding decisions.)

I understand that:

- 2.1. Funding from Prescribed Minimum Benefits is subject to meeting benefit criteria in line with Council for Medical Schemes' guidelines.
- 2.2. The Prescribed Minimum Benefits provide cover for disease-modifying therapy only, which means that not all medicines for a listed condition are automatically covered by Prescribed Minimum Benefits.
- 2.3. Funding for treatment from Prescribed Minimum Benefits will only be effective from when Engen Medical Benefit Fund receives an application form that is completed in full.
- 2.4. An application form needs to be completed when applying for a new Prescribed Minimum Benefit condition.

If you are approved on the benefit, you need to let us know when your treating doctor changes your treatment plan so that we can update your Prescribed Minimum Benefit authorisation/s. You can do this by emailing the new prescription to us or asking your doctor or pharmacist to do this for you.

To make sure that we pay your claims from the correct benefit, we need the claims from your healthcare providers to be submitted with the relevant ICD-10 code(s). Please ask your doctor to include your ICD-10 code(s) on the claims they submit and on the form that they complete when they refer you to the pathologists and/or radiologists for tests. This will enable the pathologists and radiologists to include the relevant ICD-10 code(s) on the claims they submit, ensuring that we pay your claims from the correct benefit.

Agreement and consent

By registering for Prescribed Minimum Benefits, I agree that my condition may be subject to disease management interventions and periodic review and that this may include access to my medical records.

I give the Fund and the Administrator consent to have access to and process all information (including general, personal, medical or clinical information) that is relevant to this application. I understand that this information will be used for the purposes of applying for and assessing my funding request for Prescribed Minimum Benefits. I consent to the Fund and the Administrator disclosing, from time to time, information supplied to them (including general, personal, medical or clinical information) to my treating doctor and to relevant third parties, to administer the Prescribed Minimum Benefits as well as undertake managed care interventions related to the PMB condition. Withdrawing consent for your general, personal, medical or clinical information to be accessed or shared with relevant third parties, means that you will no longer have access to funding from the applicable disease management benefits. Claims which would usually be funded from the disease management benefits will, once consent is withdrawn, be funded from other available benefits according to the rules of your plan. Should you wish to withdraw consent, then please call **0800 001 615**.

Patient's signature

Date

D	D	M	M	Y	Y	Y	Y
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(if patient is a minor, principal member to sign)

I acknowledge that I have read and understood the conditions under "Notes to members".

3. Application (healthcare professional to complete)

3.1. Application for out-of-hospital treatment*

Condition	Date of diagnosis	ICD-10 Code	Consultation or procedure code**	Consultation or procedure description	Quantity required

* Clearly specify what is required, for example consultations, pathology, radiology and/or procedure.

** The professional billing codes must be supplied for us to review the application.

Kindly attach any relevant supporting documentation, for example pathology tests.

Applications for psychotherapy:

If the application is for psychotherapy treatment for members younger than 13 years of age, the Scheme will require the latest Diagnostic and Statistical Manual of Mental Disorders (DSM V) form including the Global Assessment of Functioning (GAF) score.

Date of first psychotherapy session

D	D	M	M	Y	Y	Y	Y
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3.2. Application for medicine

Medicine requested (please provide supportive clinical results or information, where necessary)

Condition	ICD-10 code	Medicine name, strength and dosage	How long has the patient used this medicine?	
			Years	Months

3.3. Application for radiology

Condition	ICD-10 code	Procedure code	Procedure description	Quantity required

3.4. Application for pathology

Condition	ICD-10 code	Procedure code	Procedure description	Quantity required

4. Healthcare professional's details (healthcare professional to complete)

Name and surname	<input type="text"/>
BHF practice number	<input type="text"/>
Speciality	<input type="text"/>
Telephone	<input type="text"/>
Email address	<input type="text"/>

Notes to healthcare professional

- 4.1. Please ensure that the relevant ICD-10 code(s) are used when you submit your claims to the Fund to ensure payment from the correct benefit.
- 4.2. Please include the ICD-10 code(s) when referring your patient to the pathologists and/or radiologists. This will enable the pathologists and radiologists to include this information on their claims and allow us to comply with legislation by paying Prescribed Minimum Benefits (PMB) claims correctly.
- 4.3. We will approve funding for generic medicine, where available, unless you have indicated otherwise.
- 4.4. Please submit all the requested supporting documents with this application to prevent delays in the review process.
- 4.5. Should you make changes to your patient's treatment plan, you need to let us know so that we can update their PMB authorisation/s. You can do this by emailing the new prescription to us. If you or your patient do not let us know about changes to the treatment plan, we may not pay claims from the correct benefit.

Healthcare professional's signature	<input type="text"/>	Date	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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