

Menopause medicine list (formulary) 2026

Who we are

Engen Medical Benefit Fund (referred to as "the Fund"), registration number 1572, is a not-for-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd, registration number 1997/013480/07, (referred to as "the administrator") is a separate company and an authorised financial services provider and is responsible for the administration of your membership on behalf of the Fund.

Important information you need to know

The Engen Medical Benefit Fund Rules set out the requirements for the Chronic Illness Benefit (CIB). The utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The Fund rules are available on www.engenmed.co.za

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

Engen Medical Benefit Fund reserves the right to change the benefit at any time. We will communicate any changes to the way we pay for medicines when we make these.

You have full cover for authorised medicine on the Fund's medicine list (formulary). Authorised medicine not on the medicine list (formulary), will be funded up to a set monthly rand amount called the Chronic Drug Amount (CDA).

About some of the terms used in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of some of these terms:

Terminology	Description
Chronic Drug Amount (CDA)	The Chronic Drug Amount (CDA) is the monthly amount that we pay for a medicine class. This applies to chronic medicine that is not listed on the medicine list (formulary).
Fund Rate for Medicine	This is the rate at which Engen Medical Benefit Fund will pay for medicine. It is the Single Exit Price of medicine plus the relevant dispensing fee.
Medicine class	Medicines with similar chemical structures or similar therapeutic effects.

Formulary medicine

The menopause medicine list (formulary) applies to Engen Medical Benefit Fund for the 2026 benefit year.

Medicine name	Medicine class	Monthly Drug Amount (CDA)
Estrofem 1mg	Estrogens	R205
Estrofem 2mg	Estrogens	R205
Activelle	Progestogens and estrogens, fixed combinations	R285
Novofem	Progestogens and estrogens, sequential preparations	R295
Provera 5mg	Progestogens - Pregnen (4) derivatives	R230
Provera 10mg	Progestogens - Pregnen (4) derivatives	R230

Contact us

You can contact us on 0800 001 615 or visit our website at www.engenmed.co.za for more information.

Complaints process

If you do not accept the Fund's authorization decision at any time, you can lodge a complaint or query with the Fund directly on 0800 001 615 or address a complaint in writing to the Principal Officer at the Fund's registered address. If your complaint remains unresolved, you can lodge a formal dispute by following the Fund's internal disputes process.

You can, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.co.za / www.medicalschemes.co.za.